

BRATTLEBORO HEALTH DISTRICT – 2014-2015 BRFSS DATA
Health Status Indicators

	Brattleboro		Vermont
	Estimated Adults**	%	%
General Health Status is Fair or Poor	3,000	12%	13%
Have Personal Health Care Provider	21,000	87%	88%
Have Health Insurance, Ages 18-64	16,000	88%	93%
Did Not Visit Doctor Due to Cost, in Last Year	2,000	7%	8%
Poor Physical Health ^D	3,000	13%	11%
Poor Mental Health ^D	3,000	13%	11%
Disabled ^D	6,000	26%	23%

Preventative Behaviors and Health Screening

	Brattleboro		Vermont
	Estimated Adults**	%	%
Flu Shot in the Last Year, Ages 65+	3,000	60%	61%
Pneumococcal Vaccine, Ever, Ages 65+	3,000	65%	76%
Routine Doctor Visit, in Last Year	14,000	68%	70%
Dental Visit in Last Year*	19,000	73%	72%
Any Teeth Extracted, Ages 45-64	6,000	51%	49%
Cholesterol Screened, in Last Five Years*	18,000	76%	76%
Ever Tested for HIV	8,000	35%	34%
2+ Daily Fruit Servings*	8,000	34%	32%
3+ Daily Vegetable Servings*	5,000	22%	20%
5+ Daily Fruit & Vegetable Servings*	5,000	22%	20%
Met Physical Activity Recommendations* ^D	14,000	59%	59%
Met Strength Building Recommendations ^D	7,000	33%	30%
Use Community Resources for Physical Activity	16,000	58%	58%
Breast Cancer Screening, Women 50-74* ^D	5,000	81%	79%
Cervical Cancer Screening, Women 21-65* ^D	7,000	86%	86%
Colorectal Cancer Screening, Ages 50-75* ^D	8,000	66%	71%

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Risk Behaviors

	Brattleboro		Vermont
	Estimated Adults**	%	%
Adverse Childhood Experiences (ACE), Four or More ^D	5,000	18%	14%
Binge Drinking, in Last Month ^D	3,000	12%	17%
Heavy Drinking, in Last Month ^D	1,000	6%	8%
Marijuana Use, in Last Month	2,000	11%	11%
Prescription Drug Misuse, Ever ^D	2,000	7%	7%
Smoke Cigarettes, Currently*	5,000	25%	17%
Made Quit Attempt in Last Year*	3,000	53%	57%
Use Smokeless Tobacco, Currently	1,000	4%	4%
No Leisure Time Physical Activity*	5,000	21%	21%
Seldom or Never Use Seatbelt	1,000	3%	4%

Disease Prevalence

	Brattleboro		Vermont
	Estimated Adults**	%	%
Arthritis, Ever Diagnosed	7,000	30%	27%
Asthma, Current Diagnosis	3,000	14%	11%
Cancer Diagnosis, Ever			
Skin Cancer	2,000	6%	7%
Non-Skin Cancer	2,000	7%	7%
High Cholesterol, Ever Diagnosed	7,000	40%	34%
Chronic Obstructive Pulmonary Disease, Ever Diagnosed	2,000	7%	6%
Cardiovascular Disease, Ever Diagnosed ^D	2,000	10%	8%
Depressive Disorder, Ever Diagnosed	6,000	26%	23%
Diabetes, Ever Diagnosed	2,000	9%	8%
Hypertension, Ever Diagnosed*	7,000	25%	25%
Overweight, Ages 20+*	9,000	36%	35%
Obese, Ages 20+*	6,000	27%	25%

Key Information

The data years for the measures are as follows: adverse childhood experiences (2011 only), community resources for physical activity (2011-2012), oral health & cancer screening (2012 & 2014), physical activity & strength building, cholesterol, hypertension, & fruit and vegetable consumption (2013 & 2015), all others (2014-2015).

*Percent is age adjusted to U.S. 2000 population.

**Estimated counts are rounded to the nearest thousand Vermonters and not age-adjusted. For measures where the percent is calculated using two years of data, the estimated count is divided by two to provide an average number of individuals with the behavior or condition.

☐ Indicates statistically different from Vermont.

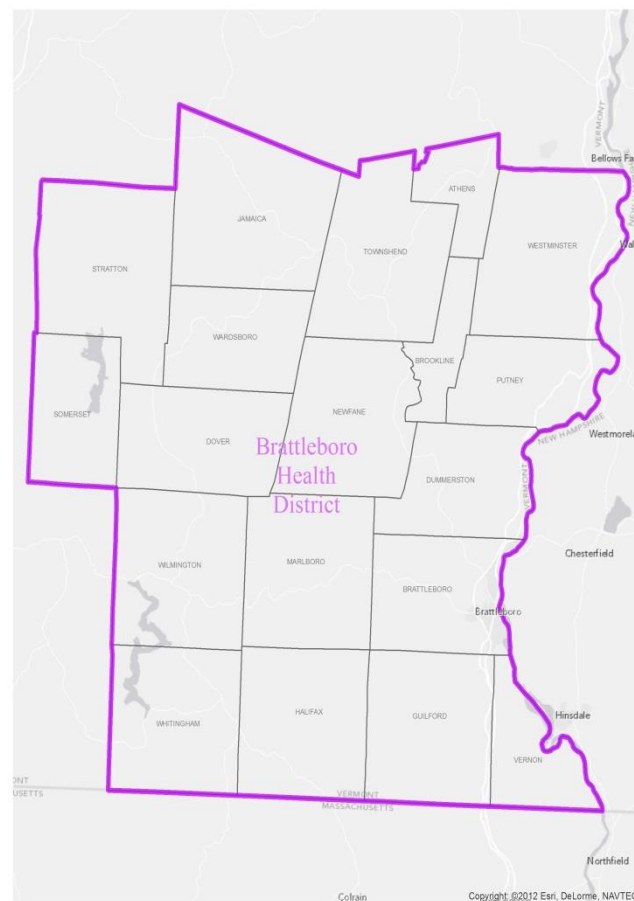
Definitions:

- Poor physical health: 14 or more poor physical health days in last month.
- Poor mental health: 14 or more poor mental health days in last month.
- Disabled: activity limitations due to physical, emotional or mental problems OR any health problem that requires use of special equipment.
- Prescription drug misuse: used a prescription drug without your own prescription.
- Physical activity & strength building recommendations:
 - Physical activity: 50 minutes of moderate activity or 75 minutes of vigorous activity per week.
 - Strength building: At least twice per week.
- Cancer screening recommendations:
 - Breast cancer: Mammogram in the last two years.
 - Cervical cancer: PAP test in the last three years.
 - Colorectal cancer: are a fecal occult blood test (FOBT) annually OR sigmoidoscopy every five years and FOBT every three years OR colonoscopy every ten years.
- ACE: for more information see www.cdc.gov/ace.
- Binge drinking: five or more drinks for men and four or more for women.
- Heavy drinking: more than two drinks daily for men/more than one for women.
- Cardiovascular disease: ever had coronary heart disease, a stroke or a myocardial infarction.

For more information about Vermont towns in each health district please go to: <http://healthvermont.gov/gis/#data> and download the file [VDH_Geographies_Apr2013.xlsx](#)

Brattleboro Health District

2014-2015 Behavioral Risk Factor Surveillance System (BRFSS) Data



For more information about the BRFSS, please contact:

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